



# cycling



**LOCATION:** ROUSAY

**ROUTE:** ROUSAY LAP CYCLE



**DISTANCE**

22.7km



**GRADE**

Grading 3



**ASCENT/DESCENT**

400m

**OPTION TO SHORTEN**



**OPTION TO EXTEND**



Rousay is home to incredible archaeological attractions and a unique ribbon of road that circumnavigates the island, with stunning scenery en-route.

## ROUTE GUIDE

- 1) Start at the Rousay pier or collect your hire bike from nearby Trumland Farm.
- 2) Head clockwise around the island. Around 300m uphill after Trumland Farm you'll see a sign for the Taversoe Tuick chambered cairn. This is the first in a series of Neolithic sites that are well worth visiting.
- 3) Follow the road west then northwest past Westness Farm. After around 2km you'll see the car park for Midhowe Chambered Cairn and Broch.
- 4) After visiting these sites, continue on the road northwest then northeast for around 3km. Ignore the sharp right just before the Loch of Wasbister and take the minor road around the loch to the small picnic area at Nousty Sand.
- 5) Follow the route around the loch to meet the main road. Turn left and tackle the imposing but not impossible Kierfea Hill.
- 6) Stay on the road as you head downhill past the island's shop.
- 7) Around 3km after the Rousay school, just after a bend to the right, turn left onto a sharp downhill road towards the island's graveyard. Follow this road as it turns right and returns to the pier.

**For further details and mapping information, find the full cycle route at [orkney.com/cycling](https://orkney.com/cycling)**



Stick to designated walking and cycling routes when you're out exploring, and be respectful of private property.