



walks



LOCATION: EDAY ROUTE: HERITAGE WALK



DISTANCE

9.4km



GRADE

4



DURATION

3hrs

A fabulous walk, taking in history, hill ground and headlands, with some of the finest views of Orkney's outer north isles.

Route guide

- 1) Start at the island shop (HY5690 3657).
- 2) Head northeast along the public road to the Mill Loch bird hide. Go a further 200m along the road before turning right to pass through an obvious gate, picking up a grassy path leading to the Stone of Setter (HY5647 3719).
- 3) Follow the path northwest to pass through a gate at the corner of the field before following a series of wooden posts leading past a number of chambered cairns.
- 4) Follow the path uphill to reach Vinguoy Chambered Cairn (HY5602 3812).
- 5) Head north-northeast along the broad ridge of the hill, passing through an obvious gap in a drystone wall (HY56200 38611).
- 6) Turn right to head briefly downhill before turning left to pick up the line of an old derelict dyke running north towards the low point between Vinguoy Hill and Noup Hill (HY5626 3935).
- 7) Keep left to head northwest along an obvious peat track, then over shallow peat bank to reach the coast (HY5609 3989).
- 8) Turn right, keeping on the landward side of the fence for around 1km to reach the trig point at the summit of the Red Head (HY5695 4053).
- 9) Head southwest across Noup Hill, following the path slightly to the left of the summit before dropping back to the low point between Noup Hill and Vinguoy Hill (HY5632 3931).
- 10) Pass through a farm gate following the signpost for Carrick House.
- 11) Stay in the field to pass discreetly behind Carrick House. Look out for a small wooden gate in the northeast corner of the field (HY5675 3841).
- 12) Pass through the gate before turning right onto the public road. Follow the road as it turns sharply left at Carrick Farm then right at the T-junction to return to the start of the walk.

For further details and mapping information, find the walk on [Orkney.com/walking](https://orkney.com/walking)

Make sure you follow our guide to being a responsible visitor:



Pick up litter, taking it home with you or using any bins provided.



Keep your dog on a lead around farmland and livestock, and clean up after pets too.



Avoid lighting fires or BBQs on moorland or in the countryside, and if you do have a BBQ or bonfire on a beach, please clean up afterwards.



Stick to designated walking and cycling routes when you're out exploring, and be respectful of private property.



Use gates where they're provided and, if they're closed when you find them, close them again after passing through.



Avoid disturbing any natural flora, fauna or wildlife habitats.



It's always worth reading up on the Scottish Outdoor Access Code before you explore Orkney too.