



# cycling



**LOCATION:** SHAPINSAY

**ROUTE:** SHAPINSAY CIRCULAR



**DISTANCE**

12.3km



**GRADE**

Grading 2



**ASCENT/DESCENT**

130m

**OPTION TO SHORTEN**



**OPTION TO EXTEND**



Shapinsay is one of our easiest islands to reach. You'll find quiet roads and a rich, varied tapestry of landscapes and scenery on this family-friendly route.

## ROUTE GUIDE

- 1) Start at the Shapinsay pier or collect your hire bike from the island's Development Trust office at the Boathouse in Balfour village.
- 2) Head north through the village, keeping right to pass the school, and straight up the short brae that passes the island's war memorial.
- 3) Continue east for around 3km (take the first road on your left after around 1.3km to create a much shorter circuit) before turning left at the sign for Frustigarth.
- 4) Carry on north past the Mor Stein standing stone before taking the sharp left turn. After 1km, turn left at the junction with the main road (for those wishing to extend the route by a further 9km there and back, turn right here towards the northern tip of the island).
- 5) After around 3km you'll re-join the outbound route at the war memorial.
- 6) If you still have time and energy, turn right just before the school, heading uphill for around 1km to the RSPB Mill Dam Reserve before re-tracing the route back through the village to the pier.

**For further details and mapping information, find the full cycle route at [orkney.com/cycling](https://orkney.com/cycling)**



Stick to designated walking and cycling routes when you're out exploring, and be respectful of private property.